

Journey Toward Wholeness

A Courage and Renewal® Retreat Series

facilitated by Valerie Brown and Carol Kortsch



November 18-20, 2016 - Seeds of the True Self

February 3-5, 2017 - Dwelling in Darkness

April 7-9, 2017 - Embracing the Power of Paradox

July 21-23, 2017 - Living with Abundance & Gratitude



Valerie Brown is a Courage & Renewal® Facilitator prepared by the Center for Courage & Renewal. A consultant and principal of Lead Smart Coaching, LLC, specializing in leadership and mindfulness training, she is a popular coach, retreat and pilgrimage leader, and author. Valerie wrote three Pendle Hill pamphlets, and her most recent book is *The Mindful School Leader*. For more information, visit leadsmartcoaching.com.

Carol Kortsch was born and raised in Africa, educated in Canada, and worked internationally for 20 years establishing live-in rehabilitation, counseling, and training communities. She is a facilitator trained by the Center for Courage & Renewal living and working at Stonehaven Commons in Radnor (PA). She offers retreats from her wilderness soul as a life adventurer and Earth listener.

Developed by Parker J. Palmer and the Center for Courage & Renewal®, this retreat series explores issues of transition, vocation, passion, life purpose, meaning, direction, and underlying life patterns in order to help us live in greater alignment with our values, reconnecting who we are with what we do.

In a safe and nurturing environment, we let the noise around us subside and listen for our own inner voice. Using the rhythms of the seasons to guide us, we explore the wholeness of our lives, engaging poetry and prose, nature, small and large group discussion, personal reflection, journaling, and mindfulness practices to foster renewal, courage, and trust. At each retreat, we offer clearness committees, a Quaker communal process for individual discernment.

Journey Toward Wholeness is designed as an integrated four-part Courage & Renewal® Retreat Series, in which participants build a community of trust that encourages everyone to explore life issues deeply.

- ◆ Registrants must commit to participating in all four retreats and to completing a pre-series questionnaire.
- ◆ Payment in full is expected at registration.
- ◆ No registrations accepted after November 10, 2016.
- ◆ The series is limited to 23 participants.

Register by
AUGUST 31
for \$100
off fees

\$2385/ private room · \$2245/shared room · \$1725/ commuter for series

Visit www.pendlehill.org for more information and to register

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Pendle Hill

A Quaker Study, Retreat, and Conference Center