May 20 – 22, 2016

Tendering Body and Soul

Resting and seeking with John Calvi

Step away from the noise of the world into the blooming oasis of Pendle Hill. Relax your body and quiet your mind as the stillness slows your pace. Learn and experience basic clothes-on massage and laying-on-of-hands energy work for deep rest. Engage in a simple charting exercise that will bring you into touch with your own goodness in the ebb and flow of your life. And John will share excerpts from his new book, How Far Have You Travelled?

John Calvi is a certified massage therapist specializing in trauma and a Quaker healer with a spiritual gift for the release of physical and emotional pain. John has worked with inmates, sexual abuse survivors, people with AIDS, and tortured refugees from all continents in his 33-year career. He is also a gifted teacher and workshop and retreat leader and will be celebrating his 25th year of teaching at Pendle Hill. John brings a gentle presence, a capacity for deep listening, and a touch of humor to his work that create an environment for healing and restoration. Visit www.johncalvi.com to learn more about John and his work.