

# Arts and Spirituality Program Offerings Fall 2016

## **Open Studio Sessions:**

September 17 , October 8, November 5, December 10 and 17 1:30-5:30pm \$5 an hour, includes supplies

Create in community in our beautiful, light-filled art studio! These are drop-in, self-directed art experiences. A monitor will be present to help you find supplies and get started. Join us!

## S.T.O.R.Y. Poetry Coffeehouses:

October 2, November 6, December 4

#### 2-4pm

### \$5, includes light refreshments

Everyone has their own story. Come share yours through poetry! We begin our Poetry Open Mic Series "S.T.O.R.Y." in October, with poems entitled with words beginning with "S." So in October bring your poems about Serenity, Spirit, or Surprises. You choose your "S" word. In November, we'll continue with "T" titles and in December, we'll move onto "O" titles. Come to share or just to listen. All are welcome!

Surrender to Serenity Asake Denise Jones September 24, 2016 9:30am-4:00pm \$109, includes lunch Registration deadline: September 16, 2016



Has your get up and go, got up and gone? Has your todo and bucket lists have you going in circles? Do you feel like you've lost your Spiritual footing?

Are you ready for a change? Do you want to experience peace of mind, physical rejuvenation, and spiritual renewal? Are you open to creative discovery? If this sounds like you, join Transformative Arts Coach, Asake Denise Jones as she guides you through a 3-step process for transformation and restoration. You'll

- Stitch and collage as a contemplative practice
- Play with mixed media to create an art quilt journal
- Explore the Divine expression of journaling as a sacred ritual

The art-making will be followed up with an action plan for your new life.

When the student is ready the teacher appears. Are you willing to Surrender to Serenity?

Asake Denise Jones, M.A., M.Ed. is dually certified as a life coach and transformative arts facilitator who works with individuals, groups, communities and organizations to create action plans for transforming stress. She incorporates art, spirituality, mindfulness, science & evidence based practices. Asake has more than 20 years facilitating workshops and retreats in the areas of education, personal development and mixed media fiber art.



Prayer of the World--a Call to Awaken Maia Tapp October 15, 2016 9:30am-4:00pm \$69, includes lunch Registration Deadline: October 7



This contemplative one-day retreat features the

poetry of Maia Tapp, the photography of Ken Tapp

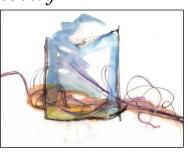
and the music of Ken Jabobsen. *Prayer of the World* is a prayer of creation and the web of life-- calling to all of us to awaken. Several sections of *Prayer of the World* will be offered in a multi-media sharing-through earth poetry, photography and music. These will be interspersed with time in nature and in group sharing. We will close with a time of worship, for and with the earth. Come prepared to enter into a spiritual process of discovery on behalf of our earth and explore together our response to the plea "Join the song--join the prayer of life." \* Pictured: Photo by Ken Tapp.

**Maia Tapp** is a writer, poet and pilgrim. Her poetry has appeared in literary journals and anthologies. She is the author of several novels for children and young adults. She has traveled to many sites around the world as pilgrim, listening and writing. Maia and her husband Ken have offered presentations of *Prayer of the World* with many Quaker groups around the country, most recently at the 2016 Friends General Conference Gathering. The ministry of sharing Prayer of the World was supported by the School of the Spirit's Way of Ministry program. Maia is a member of Beloit Friends Meeting. She is the Fall 2016 Minnie Jane Artist-in-Residence at Pendle Hill.



## Art for Spiritual Discovery

Jesse White November 12, 2016 9:30am-4:00pm \$109, includes lunch Registration deadline: November 4, 2016



Explore the connections between art and the Spirit through intuitive and spontaneous artmaking and journaling. Learn how to listen more fully to how Spirit is guiding you through painting, collage, mixed-media work and personal writing. Discover ways to move beyond traditional thought to a deep inner place of imagination, creativity, and mystery. (Artwork: *The Open Cage*, Fons Heijnsbroek.)



**Jesse White** is the Arts and Spirituality Coordinator at Pendle Hill. She holds a B.A. in Integrative Studies: Creative and Spiritual Process joined with a B.A. in Psychology from Guilford College. Jesse works as an arts educator and art therapist and directs Pigeon Arts, a cathartic art-making organization in Philadelphia. She is a member of Frankford Friends Meeting (PA).

Intuitive Painting as a Spiritual **Practice** Damini Celebre **December 3, 2016** 9:30am-4:00pm \$109, includes lunch



Registration deadline: November 25, 2016

Are you looking for a way to know your heart? Would you like to know yourself in a new way? Do you want to connect more deeply with the creative source that brings the truth of you to light? Are you looking for a community that can support your creative and spiritual self? Join us!

Intuitive Painting as a Spiritual Practice will bring you closer to yourself and the Source one brushstroke at a time.

You will explore your inner landscape through mediation, journey work, movement and, of course, painting! Travel through painting journeys that invite you to

experience your connection with the pure light of your inner self and the love that went into your creation. Have an inner conversation with your soul through color, shape and form. Bring to light those parts of you that have been tucked away for safe keeping until the time is right. Recognize your inner demons that block your path and learn how to demystify them. Most importantly, practice honoring and accepting yourself as you are. Come and experience the joy of knowing your heart and feeling alive!

Damini Celebre is a visionary artist, healer, writer, a lover of the natural worlds, magical worlds, and the inner realms. She's passionate about helping people heal their hearts by rediscovering their creative life-force. Damini can often be found teaching, talking to the Land, and being covered in paint. Damini is the author of "Painting the Landscape of Your Soul: A Journey of Self-Discovery," BrushHeart Press, 2014.



Studio Cleaning and Care Days: October 1, November 26, December 21 1:30-4:00pm

Help maintain the sanctuary of the art studio by volunteering one or more afternoons to clean and care for studio equipment. The assistance of volunteers is part of what builds community at Pendle Hill. We thank you for your help and support.

## **Upcoming Art Exhibits at Pendle Hill**



Apart From Us: Featuring the Work of Joey Hartmann-Dow Barn Gallery August 1-November 1, 2016 Reception: Sunday, August 21 2:00-4:00pm in the Barn Gallery. Free and Open to the Public. All are welcome to attend! Joey Hartmann-Dow's new work juxtaposes growth and destruction in a series of mixed media paintings, drawing on how we find our place in a

world that pushes us to adapt to constant change while also holding space for our roots. \* Pictured: *Visions* 

# *Framing the Light*: Featuring the photography of Jean Schnell Barn Gallery

November 3, 2016 – January 31, 2017

#### Reception: Sunday, November 13, 2016 2:00-4:00pm in the Barn.

#### Free and Open to the Public. All are welcome to attend!

My lifelong Quaker experience has shaped the way I approach my photographic process. I especially enjoy lifting the camera to my eye, breathing deeply, and seeing the beauty that surrounds me. It is a contemplative practice for me, and it transports me each time I photograph. The resulting photographs are often surprising to me in their clarity, stillness, and peace, all qualities that come directly from the spiritual Light I find in my Quaker faith and practice. \*Pictured: *Northampton I*, 2014





*In Beauty May You Walk:* Contemplative Landscapes by Angela Manno Main House Tree Rooms December 1, 2016 – February 28, 2017 Reception: Sunday December 10, 2016 2:00-4:00pm in the Main House Tree Rooms Artist Talk: Monday, December 12, 2016 7:30-9:00pm in the Barn

**Both events are Free and Open to the Public.** All are welcome to attend! When a thing is beautiful, it is also in right order. It is in proper proportion, proper scale; it evokes harmony. My work gives glory to the beauty of Nature and what is beautiful in the human spirit. It also speaks to this passage from the Vedic texts, "I am Beauty among Beautiful things." \* Pictured: *Paysage Zen*.