Open Studio Sessions:
January 14, February 25, March 11, April 8, 22
1:30-5:30pm
$5 an hour, includes supplies
Create in community in our beautiful, light-filled Firbank art studio! These are drop-in, self-directed art experiences. A monitor will be present to help you find supplies and get started. Join us!

S.T.O.R.Y Poetry and Poetry Events:
January 8 (“R” poems), February 5 (“Y” poems),
March 12, April 2 (Themes To Be Announced)
2-4pm
With Darius Lantz and Jesse White
$5, includes light refreshments
Everyone has their own story. Come share yours through poetry! We will hold our final two Poetry open mic Coffeehouses with themes beginning with “R” and “Y.” Themes for our next series of Poetry Coffeehouses will be announced in early February. Come to share or just to listen. All are welcome.

Spring Studio Cleaning and Care Day:
April 1st, 10am-4pm
Help maintain the sanctuary of the art studio by volunteering to clean and care for studio equipment. The assistance of volunteers helps to build community at Pendle Hill. We thank you for your help and support!

Please note: the studio will not be available for art-making during these hours.

Volunteer for Pendle Hill’s Arts and Spirituality Program!

We are actively seeking volunteers to support the Arts and Spirituality Program at Pendle Hill. Volunteers can choose to help in many ways and with varying levels of commitment. Please contact Jesse White, Arts and Spirituality Program Coordinator at jwhite@pendlehill.org to sign up! We are seeking help with:

- Posting Arts and Spirituality Program information at local venues
- Cleaning and caring for equipment
- Straightening and re-organizing studio supplies
- Assisting with inventory of supplies
- Helping to load the kilns
- Helping to hang artwork with exhibiting artists
- Sharpening pencils/Weeding out dry markers, paints, glues, etc.
- More!

Arts and Spirituality Programs
Winter-into-Spring 2017
Sunshine resting gently on leaves of yellow, of red does not judge the tree for standing in its own shadow.

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Painting the Poetry of Shadows

Saturday, February 18, 2017
9:30-4:00pm
Alice Krieg
$109, includes lunch
Registration deadline:
February 11, 2017

How do you face your shadows? Do you know how to shine Love and Light when things feel dark? Painting and writing poetry can be healing and nourishing spiritual practices to reveal our shadows so they can no longer haunt us. The canvas or the blank page provides a safe world for moving through what hurts. I invite you to be held in a community of creators as we shift into our shadows creatively. We will begin a dialogue with our images, with past and with present. Our goals for the day will be to express, to converse with, and to quiet a shadow memory. We will learn tools for self-expression, healing and self-care including grounding and self-soothing techniques. Come prepared to hold a safe space with others wrestling with wounds and ready to face their shadows. Painters, poets and creative folks of all levels of experience are invited to participate.

Please note: The facilitator asks that you bring a journal and a favorite pen.

Alice Krieg is a traveler, sailor, and artist. She likes to go on adventures and document their effect on her. Alice graduated May 2016 from the University of the Arts with a BFA in Illustration, and has spent many of her days exploring Philadelphia, becoming inspired by the world around her. Alice grew up just outside Philadelphia in Schwenksville, Pennsylvania, and the urge to adventure has driven her life and art, painting up and down the East Coast.

Monotypes: A Conversation with Possibility

January 28, 2017
9:30-4:00
Alice Krieg
$109, includes lunch
Registration deadline:
January 28, 2017

This exploration of monotype printing will be a hands-on class for artists and pilgrims of all levels, inviting you to embrace your creative process as well as your final prints. Each print made with the monotype process is unique; the plates that you send through the printing press can only be used once, and are open to a wide variety of artistic additions, such as colorful paper, watercolor pencil, and much more. By experimenting with the technique you will discover how to let go of control and let your work guide you. As you explore your unique artistic process, following Thomas Merton’s description of the spiritual journey, you’ll find that “you do not need to know precisely what is happening, or exactly where it is all going,” but at the same time “recognize the possibilities and challenges offered by the present moment, and to embrace them...”

Alice Krieg

Monotypes: A Conversation with Possibility

One-Day Arts & Spirituality Workshops

Jesse White is the Arts and Spirituality Coordinator at Pendle Hill. She holds a B.A. in Integrative Studies: Creative and Spiritual Process joined with a B.A. in Psychology from Guilford College. Jesse works as an arts educator and art therapist and directs Pigeon Arts, a cathartic art-making organization in Philadelphia. She is a member of Frankford Friends Meeting (PA).
Discover the Joy of Creative Alignment

March 25, 2017
9:30am-4:00pm
$109, includes lunch
Registration deadline:
March 18, 2017

In this workshop, you will discover your authentic creative identity, mapping your deepest potential to a higher creative purpose. This approach is designed to support many creative forms including: visual arts, creative writing, and the performing arts.

While the workshop frames your experience from a spiritual perspective, anyone, of any belief system, can benefit from the practical examples and techniques covered. Through engaging ancient and contemporary principles and techniques, you will develop a better understanding of the architecture of manifesting creativity in your life.

Holistic Creativity is a complete system for inspired productivity. It utilizes hands-on learning so that lasting change can occur in the way that you conceive, develop, and produce. Through this transformational experience, you’ll achieve a more authentic point-of-view and create work with more impact.

Michelle Rothwell is currently an Associate Professor at The University of the Arts in Philadelphia. She is the founder of Holistic Creativity. Michelle has been an artist, designer, and educator for more than thirty years. She earned her Master’s Degree in Industrial Design from the University of the Arts in 1997, has created four college degree programs, and has developed more than twenty college courses in the fields of art and design.

Opening to Serenity

April 15, 2017
9:30am-4:00pm
$109, includes lunch
Registration deadline:
April 8, 2017

Are you in a constant state of angst? Do you find yourself overly concerned about everything? Do you feel like you’ve lost your spiritual footing?

Are you’re ready for a change? Are you open to creative discovery? Do you want to experience peace of mind and spiritual renewal?

If this sounds like you, join Transformative Arts Coach, Asake Denise Jones as she guides you through a step-by-step process for transformation and restoration. In this workshop you will:

- Stitch and collage as contemplative practices
- Play with mixed media to create an art quilt journal
- Explore the Divine expression of journaling as a sacred ritual for awakening and discovery
- Create an Action Plan as a guide for continued restorative practice.

Open to Serenity!

Asake Denise Jones, M.A., M.Ed. is dually certified as a life coach and transformative arts facilitator who works with individuals, groups, communities and organizations to create action plans for transforming stress. She incorporates art, spirituality, mindfulness, science & evidence based practices. Asake has more than 20 years facilitating workshops and retreats in the areas of education, personal development and mixed media fiber art.
Upcoming Art Exhibits

**Framing the Light: Photography by Jean Schnell**
Barn Gallery
November 3, 2016 - January 31, 2017
Reception: November 13, 2-4pm
In the Barn Gallery

**In Beauty May You Walk: The Contemplative Landscapes of Angela Manno**
Tree Rooms Gallery
December 1, 2016 - March 2, 2017
Reception: December 11, 2-4pm in the Tree Rooms Gallery
Artist Talk: December 12, 7:30-9:00pm in the Barn

**Guardians of the Meadow:**
Featuring the work of Adrienne Jenkins
Barn Gallery
February 2 - April 30, 2017
Reception: February 12, 2017
In the Barn Gallery