Registration
Visit www.pendlehill.org, or call Ext. 137 at 610-566-4507 or 800-742-3150 (toll-free in US)

Accommodations
Shared room $405
Private room $495
Commuter $285

Travel
Pendle Hill is just fifteen minutes from Philadelphia International Airport, and twenty minutes outside the city. The campus is near the Wallingford train station. Take the SEPTA Media/Elwyn line from Philadelphia and call for a pick-up.

April 7-9, 2017
Practicing Forgiveness as a Spiritual Discipline
A weekend workshop with Sue Regen

Anger, fear, hurt, and pain hinder us from feeling connected with Spirit and our own healing energies. Choosing to practice forgiveness can move us closer to Spirit and inner peace and renew our relationship with self and others. Our focus will be on using tools and techniques for doing forgiveness work, not on therapy. The workshop will include presentations, guided meditation, quiet worship, practical exercises, and group and individual time.

Sue Regen travels in the ministry encouraging Friends to practice forgiveness as a spiritual discipline. Her concern originated in and has profoundly affected her personal life. Since 2002, Sue has offered workshops on forgiveness to numerous monthly meetings across the country, at Attica Prison Worship Group, and at gatherings of Friends General Conference and Friends Conference on Religion and Psychology. She has led retreats at Pendle Hill, Quaker Center in Ben Lomond, Powell House (NYYM), and been a plenary speaker at Baltimore Yearly Meeting and at a Lake Erie Yearly Meeting fall retreat. Sue recently completed service to Friends General Conference as Presiding Clerk of Central Committee. She is a member of Rochester Monthly Meeting (NY), which holds her ministry under its care.