



PENDLE HILL

A Quaker Study, Retreat, and Conference Center

338 Plush Mill Rd.

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Arts and Spirituality Programs Summer 2017

Open Studio Sessions:

May 20, June 10, July 29, August 19

1:30-5:30pm

\$5 an hour, includes supplies

Create in community in our beautiful, light-filled Firbank art studio! These are drop-in, self-directed art experiences. A monitor will be present to help you find supplies and get started. Join us!

W.A.K.E. U.P! Poetry Coffeehouses:

May 14, June 4, July 9, July 31

2-4pm, Firbank Art Studio

With Darius Lantz and Jesse White

\$5, includes light refreshments

Come to share or just to listen.

All are welcome.

*Each month we gather to share our words of **waking up**. Bring poetry about your social activism, your spiritual and personal epiphanies, and your love of coffee. We will celebrate themes beginning with each letter of **W.A.K.E. U.P.** (beginning in March 2017).*

May 14-K, June 4-E, July 9-U, July 31-P

Art Exhibitions and Events

A Contemplative Nature:

The Photography of John Holliger

March 4 - June 11, 2017

Tree Room Gallery in Main House

Artist Talk June 8, 7:30-9:00pm in the Barn

Free to Attend. All are Welcome!



"A Contemplative Nature" is a collection of moments in nature, moments of wonder & rhythm, lovely chaos and glimpses of wholeness, often stumbled upon, noticed out of the corner of an attentive eye, a surprise and a gift—for us to contemplate their meaning and ours...

My joy is to bring back these moments for you.

~ John Holliger

Memories: Works by Rinal Parikh

May 23-August 31, 2017

Barn Gallery

Reception July 2, 2-4pm

Free to Attend. All are welcome!

I believe in always improving myself, learning from every stage in life and from nature. I love incorporating several mediums into my art, and especially love Indian folk art.- Madhubani from Madhubani district, Kalamkari from Andhra Pradesh, Warli from Maharashtra. My subject choices are directly influenced by my childhood memories

in India. I also choose subjects that are based on my emotions, thoughts and experiences from my day-to-day life. All in all, my work is a modern adaptation of traditional Indian folk art.



~ Rinal Parikh

Arts & Spirituality Workshops

Classic Photography: Turning to the Light

June 9-11, 2017

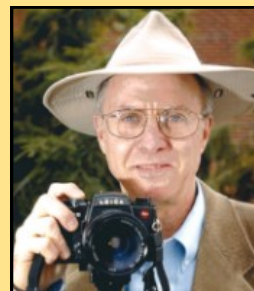
\$495/private room; \$405/shared room; \$285/commuter

Please Note: Participants need to bring their own digital cameras with which they are fully acquainted and accustomed to using.

This workshop caters to serious hobbyists, and advanced photographers who want to connect their love of photography with their spirituality of turning toward the Light. Participants will experience photographing in the different light of the day and night: the soft pastels of first light (5:30am-7:30am); the muted mid-morning clouds or contrasting light/shadows of a sunny mid-morning (9:30-11:30am); the golden dusk (7:30pm-9:00pm); and the full moon in indigo shining on the earth. There will be gentle group feedback sessions with the photographer using the participant's flash drive on a professional laptop, using Photoshop, Bridge, and Lightroom. On Saturday afternoon a rotation of two participants will experiment with every lens in the

professional collection. When not scheduled, the afternoon is open. One page about the spirituality of each kind of light will be given with queries for participant's personal use. Sunday morning will be an adventuresome conversation of the weekend experience

John Holliger comes alive walking the Lake Erie shore, slogging through wetlands, learning the habitats of forests in Ohio, the stories the rocks are telling, watching the movement from starry nights to the first light of day. A graduate of Oberlin College and Yale Divinity School, John is an Episcopal priest who served parishes in Connecticut and Ohio. Laying down that work at 58, John is a self-taught nature photographer with an animated curiosity for how potters, painters, poets, and classic photographers approach their art — always on the creative edge, taking risks, asking "What's next?"



Visual Storytelling: The Transformative Art of Altered Book-making

June 14-18

\$750/private room; \$640/shared room; \$410/commuter

Learn how to alter an existing book into your own work of art. Use paint or fancy papers. Build windows, doorways, drawers or scrolls. Embed sentimental objects. Add your own words or find a poem within the existing text. Altered book-making is a powerful way to process a life change, or to honor an important memory or vision. As you transform a book, you may find yourself transformed as well.

Jesse White is the Arts and Spirituality Coordinator at Pendle Hill. She holds a B.A. in Integrative Studies: Creative and Spiritual Process joined with a B.A. in Psychology from Guilford College. Jesse works as an arts educator and art therapist and directs Pigeon Arts, a cathartic art-making organization in the Greater Philadelphia area. She currently serves as the co-clerk of Frankford Friends Meeting (PA).



MAHA Drum Circle!

July 8, in the Barn

2:00-4:00pm

\$15/advance registration; \$20/at the door. This is an all-ages event and prices are per

participant age 5+. Advance registration deadline: July 2

In Hindi, MAHA means "greater spirit." In Hawaiian, it refers to the spaces between the strands of a fisherman's net, and suggests the space between musical notes—the

spaces where individual expression comes to life. Join us and discover rhythms within yourself that are based in the power of love and are attuned to the forces of nature!

Miss Marcy Francis and Ms. Jan Jeffries have taught and entertained thousands throughout the world in drum circles, performances, Sekere classes, and meditations.

Miss Marcy Francis is called to bring joy through Gourds and Sekeres. The gourd provides a

plant base that lends itself to restoration, through its nutrition and through the sound that resonates when played. Miss Marcy learned how to play the Gourds through understanding the rhythm and color of each Chakra. Through her work, she brings children and

adults closer to a culture of Love, Peace, Harmony and Healing.

Ms. Jan Jeffries, known as Ms. Rhythm Speaker, is an award-winning, consummate percussionist. She has performed extensively throughout the Hawaiian Islands, the USA and Asia. She is the Founder, Director, and Lead Percussionist for Music. Over Matter. Ms. Jan is legendary in Philadelphia as a percussionist. She served as the lead drummer for the "Women's March in Philadelphia" in 2017.



Contemplative Quiltmaking

July 23-27

\$810/private room; \$730/shared room; \$480/commuter

Do you long to think and move at a slower pace? Creative hand-work absorbs us into a timeless world where we can connect with our deeper, truer selves. In the sanctuary of the Pendle Hill art studio, immerse yourself in the intuitive process of creating a personal art quilt. Play and experiment with fabric, hand and machine stitching techniques, and image transfer. As you focus mindfully on piecing and stitching, you will find your natural rhythm and free your mind for new insights, solutions to knotty problems, and a deeper connection to your soul. Opportunities for gentle movement, journaling, and meditation will complement our quiltmaking activities. Emerge refreshed with an art quilt to remind you of the balance, reflection, and self-renewal

you experienced in the retreat.

(This retreat is for those who have some skill in sewing by hand and/or machine.)



Asake Denise Jones, M.A., M.Ed. is dually certified as a life coach and transformative arts facilitator who works with individuals, groups, communities and organizations to create action plans for transforming stress. She incorporates art, spirituality, mindfulness, science & evidence based practices. Asake has more than 20 years facilitating workshops and retreats in the areas of education, personal development and mixed media fiber art.

Mindfulness at Play

August 11-13

\$530/private room; \$445/shared room; \$315/commuter

Release your creative spirit in a playful and mindful weekend retreat. With gentle and inspiring prompts from artist-spiritual director Melanie Weidner and the supportive energy of the gathered group, feel yourself awaken to the spirit through creative paper arts, poetry, and meditation. Emerge from this refreshing weekend with renewed joy for experiencing daily life in the spirit.



Melanie Weidner, M.Div., is an artist, spiritual director, and workshop leader shaped by years of Quaker, contemplative, and mindfulness practice. Her work celebrates beauty, presence, self-reflection, compassion, and joy. Her website is listenforjoy.com.

Creative Spirits

August 13-17

\$905/private room; \$830/shared room; \$545/commuter

Explore the rich interior of your life through meditation, reflection on sacred poetry, and paper arts collage. Simple inspiring exercises and a community of seekers awaken fresh insights and perspectives, and an array of colorful materials invites you to give shape, form, and expression to the gifts you find on your inward journey

Pendle Hill is now seeking submissions

of collections of artwork that speak to the spirituality of a creative process and/or illustrate spiritual themes. Works that speak to actions taken because of a spiritual leading (such as social activism) are also welcome.

Please contact Jesse White, Arts and Spirituality Coordinator,
for more information at Jwhite@pendlehill.org.

Summer 2017 Arts & Spirituality Program Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	May 1	2	3	4	5	6
7	8	9	10	11	12	13
14 Poetry Coffeehouse 2-4	15	16	17	18	19 Studio Reserved for Private Use	20 Open Studio 1:30-5:30
21	22	23	24	25	26	27
28	29	30	31	June 1	2	3
4 Poetry Coffeehouse 2-4	5	6	7	8 Artist Talk with John Holliger 7:30-9 (Barn)	9 Classic Photography 6/9-6/11	10 Open Studio 1:30-5:30
11	12	13	14 Visual Storytelling 6/14- 6/18	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	July 1
2 Art Reception 2-4pm (Barn)	3	4	5	6	7	8 MAHA Drum Circle 2-4 (Barn)
9 Poetry Coffeehouse 2-4	10	11	12	13	14	15
16	17	18	19	20	21	22
23 Contemplative Quilt-making 7/23-7/27	24	25	26	27	28	29 Open Studio 1:30-5:30
30 Poetry Coffeehouse 2-4	31	Aug 1	2	3	4	5
6	7	8	9	10	11 Mindfulness at Play 8/11-8/13	12
13 Creative Spirits 8/13-8/17	14	15	16	17	18	19 Open Studio 1:30-5:30
20	21	22	23	24	25 Studio Reserved for Private Use 8/25-8/27	26
27	28	29	30	31		