

Geraldine Lavin

Suntrap is an herbal practice which encompasses an apothecary plentiful with potent medicinal plant and fungi extracts, a cultivation and wildcraft practice which supplies the aforementioned apothecary, a clinical practice to get these herbs directly to the people who need them, and education to send a message of health and healing far and wide.

Geraldine Lavin is the herbalist, cultivator and intuitive artist behind Suntrap. She began to develop her technique for working with the earth in 2010 through her work with herbalists and farmers in Hawaii. Upon returning to Philadelphia in 2012, Geraldine was the Market Manager for Mill Creek Farm and transformed a vacant lot into a productive urban garden which still flourishes today. Soon thereafter she took a full time position at the University of Pennsylvania as lead greenhouse technician in the Biology Department's greenhouses and botanical garden. In 2015, she studied with Susquehanna Permaculture, and started the Philadelphia Herbal Network (PHHN), which now has over 100 members.

In 2012, while as she was engaged with urban agriculture, Geraldine ran a community based, sliding scale herbal practice. This evolved into Suntrap LLC in 2016 through which she practices clinical herbalism, formulates products, cultivates and wildcrafts herbs, and gives workshops. Most recently, Geraldine completed the Eclectic School of Herbal Medicine's Full Time Clinical Herbalism program with Thomas Easley and Matthew Wood. To learn more about Geraldine's practice or to schedule an herbal consultation, visit www.suntrap.co.

Hayden Stebbins is an itinerant ethnobotanist, sustainable food production teacher, clinical herbalist, and amateur mycologist. Through Hayden's Harvest, Hayden offers herbal consults specializing in chronic issues, public events, botanical surveys for properties, and foraging, botany, and mycology classes for all ages.

A native of Fairfield, CT, Hayden graduated from Cornell University with a Bachelors of Science in Science of Natural and Environmental Systems and earned his Masters of Science from Schumacher College in England in Sustainable Horticulture and Food Production. He has shadowed ethnobotanist Marc Williams (Director of botanyeveryday.com and Plants and Healers International, and editor of Botany in a Day) in Asheville, NC, taught about edible and medicinal plants and mushrooms up and down the eastern seaboard, and completed the full-time clinical herbalism program at the Eclectic School of Herbal Medicine.

Hayden has been fortunate to be able to study around the world. He traveled to India, Tanzania, New Zealand, Mexico with a program called Rethinking Globalization, taught Human Ecology and Sustainable Food Systems at The Island School in The Bahamas, biked across Europe using ancient trees as my way points, and traveled to Bhutan with the Gross National Happiness Centre. He has spent the last few years getting to know the US a bit better. Learn more about Hayden and his work at www.haydensharvest.com.