



Journey Toward Wholeness

A Courage & Renewal® Retreat Series

facilitated by Valerie Brown and John Baird

Registration

Visit www.pendlehill.org,
or call Ext. 137 at 610-566 4507
or 800-742-3150 (toll-free in US)

Accommodations

Private room **\$2365**
Shared room **\$2210**
Commuter **\$1650**

**Please call 610-566-4507, ext. 129
if you need financial assistance.**

Travel

Pendle Hill is just fifteen minutes from
Philadelphia International Airport,
and thirty minutes outside the city.
The campus is near the Wallingford
train station. Take the SEPTA Media/Elwyn
line from Philadelphia and call for a pick-up.

Expectations

Registrants commit to participating
in all four seasonal retreats
and to completing a pre-series
questionnaire.

Payment in full required at
time of registration.



338 Plush Mill Road

Wallingford, Pennsylvania 19086

Ext. 137, 610-566-4507

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November 10-12, 2017 - Seeds of the True Self

February 23-25, 2018 - Dwelling in Darkness

April 27-29, 2018 - Embracing the Power of Paradox

June 15-17, 2018 - Living with Abundance & Gratitude

Based on the work of Parker J. Palmer and the Center for Courage & Renewal®, this retreat series combines both an opportunity within community to explore what matters most to you and to savor rest and renewal.

Reflect on issues of transition, vocation, life passion, purpose, meaning, direction, aging, relationships, and underlying life patterns, to live in alignment with your deepest values and the courage to act with integrity and authenticity.

This retreat series is designed for you:

Are you seeking a time set-aside just for you from the busyness of daily stress to focus on what matters most to you?

Are you in transition and asking yourself: 'What's next?' And, do you want the space to listen to your own inner wisdom?

Are you seeking support to build ongoing practices and a community to help you integrate your deepest intentions into your life and work?

Have you been deeply moved by the writing of Parker J. Palmer and the Circle of Trust® and want to know more?

Valerie Brown is a Courage & Renewal® Facilitator prepared by the Center for Courage & Renewal. A consultant and principal of Lead Smart Coaching, LLC, specializing in leadership and mindfulness training, she is a popular coach, retreat and pilgrimage leader, and author. Valerie has written four Pendle Hill pamphlets, the latest of which is *Coming to Light: Cultivating Spiritual Discernment through the Quaker Clearness Committee*. Her most recent book is *The Mindful School Leader*. For more information, visit leadsmartcoaching.com.

John Baird is currently in the Facilitator Preparation Program and has been a teacher and leader in Friends education for more than 35 years. He has facilitated retreats in schools, meetings, and Quaker conference centers, developed reflective practices, mentored and nurtured leaders, and helped individuals and groups to discern and respond to their deepest sense of calling. He has a degree in Religious Studies and enjoys, writing, painting, singing, and walking in nature.



PENDLE HILL
A Quaker Study, Retreat, and Conference Center