The term **kairos** (καιρός) is an ancient Greek noun describing an opportune and decisive moment; a combination of time and place that generates the opportune environment for actions, words, and/or movements. This retreat aims to create such a unique space for spiritual growth by combining key practices from Quaker and other faith traditions. This **kairos** is rooted in meeting for worship and worship sharing, *lectio divina* (divine reading), silence, community, work, study, and celebration. Participants will have the opportunity to engage in contemplative praying of the Scriptures as they experience the deep practice of worship sharing.

This retreat is designed for nurturing and embracing daily life with courage, simplicity, gratitude, hope, and a deep sense of connection.

**Francisco Burgos** is currently the director of education at Pendle Hill and has facilitated spiritual retreats and *lectio divina* sessions for different audiences. Francisco was a De La Salle Christian Brother for almost 10 years serving in Dominican Republic, Guatemala, and Costa Rica, and has been a Friend since 2004. He is a member of Harrisburg Friends Meeting and has attended several monthly meetings including Monteverde Friends Meeting in Costa Rica and Adelphi Friends Meeting in MD.