April 6-8, 2018

Sustainable Spirit-led Activism

A weekend workshop with Daniel O. Snyder

A large number of Americans have been drawn into political action for the first time. At the same time, fewer of them identify with any particular religious faith or spiritual practice. The combination is a recipe for burnout. Over the centuries, socially engaged Quakers have been able to maintain their efforts in decades-long struggles for justice and peace because they experience their actions as Spirit-inspired and guided—an experience available to all. Not acting out of impulse or ideology, they move deliberately, inwardly listening for direction when the worldly noise is at fever pitch and full volume. It is easy to get caught up in the anxiety of the moment and to act from fear, or anger, or even despair, but these fuels are soon spent. In this workshop we will draw on the richness of the Quaker tradition, insights from Depth Psychology, and a spirituality of Nonviolence to explore together practices that will sustain us as we engage the powers of oppression, injustice, and violence.

Daniel O. Snyder holds masters degrees from Earlham School of Religion and Boston University School of Theology, and a PhD in Clinical Psychology from Pacifica Graduate Institute. He has a private practice in pastoral psychotherapy in Black Mountain, NC, where he also offers spiritual direction for clergy. He is a member and former clerk of the Swannanoa Valley Friends Meeting (Quaker), a former peace studies teacher at Pendle Hill. He has also been a consultant and teacher for the “Common Light Meetingplace,” a Quaker-based initiative in spirituality and social change. He has been a Yearly Meeting lecturer (New York, Baltimore, and German Yearly Meetings) and is the author of the Pendle Hill pamphlet *Quaker Witness as Sacrament*. With a lifelong interest in exploring the intersection of personal and social transformation, Dan is a frequent lecturer, retreat and workshop leader in and beyond the Quaker world. Visit www.danielosnyder.com to learn more about Dan.