

Winter-Spring 2018 Arts & Spirituality Programs

Registration

Visit www.pendlehill.org,
or call Ext. 137 at 610-566 4507
or 800-742-3150 (toll-free in US)

Travel

Pendle Hill is just fifteen minutes from
Philadelphia International Airport, and
twenty minutes outside the city. The campus
is near the Wallingford train station. Take
the SEPTA Media/Elwyn line from
Philadelphia and call for a pick-up.

JANUARY	SATURDAY	SUNDAY
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	13	14 Poetry Coffeehouse
	27 Open Studio	28
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	10	11 Poetry Coffeehouse
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	24	25 Artist Reception
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338 Plush Mill Road
Wallingford, Pennsylvania
Ext. 137, 610-566-4507
www.pendlehill.org



PENDLE HILL
A Quaker Study, Retreat, and Conference Center

Transformation Poetry Coffeehouses *with Darius Lantz and Jesse White*

January 14, February 11, March 4, April 8, and May 13, 2-4 pm, Art Studio



Transformation is the focus on our third installment in the Pendle Hill Poetry Coffeehouse series. To transform means to make a dramatic change. When have you experienced transformation? When have you witnessed transformation in your loved ones? In the wider world? Share your poems related to your stories, feelings, and unique perspectives. Come to share or just to listen. Teens and adults are welcome. The true cost per person for this event is \$14. We ask that you pay at least \$8. This program includes refreshments.



Darius Lantz is a Poet/Host and Coffee Enthusiast who is the founder of one of Philadelphia's most well received poetry/coffee tasting events: Coffee After Dark. Darius has been featured in multiple cities and has contributed works to The Philadelphia Jazz Project International album series.

Jesse White is the Arts and Spirituality Coordinator at Pendle Hill. She holds a B.A. in Integrative Studies: Creative and Spiritual Process joined with a B.A. in Psychology from Guilford College. Jesse works as an arts educator and art therapist and directs Pigeon Arts, a cathartic art-making organization in Philadelphia. She currently serves as Clerk of Frankford Friends Meeting (PA).



Open Studio Sessions

January 27, February 17, March 17, April 21, and May 19, 1:30-5:30 pm

Create in Community in our beautiful, light-filled art studio! These are drop-in, self-directed art experiences. A monitor will be present to help you find supplies and get started. Join us! The true cost per person is \$12 for the first hour, \$19 for two hours, \$25 for three hours, and \$30 for four hours. We ask that you pay a minimum of \$5 per hour.

Intuitive Painting as a Spiritual Practice *with Damini Celebre*

March 10, 9:30 am-4:00 pm, \$125 includes lunch

Are you looking for a way to know your heart? Would you like to know yourself in a new way? Do you want to connect more deeply with the creative source that brings the truth of you to light? Are you looking for a community that can support your creative and spiritual self? Join us!



Intuitive Painting as a Spiritual Practice will bring you closer to yourself and the Source one brushstroke at a time. Explore your inner landscape through meditation, journey work, movement, and, of course, painting! Travel through painting journeys that invite you to experience your connection with the pure light of your inner self and the love that went into your creation. Have an inner conversation with your soul through color, shape and form. Bring to light those parts of you that have been tucked away for safe keeping until the time is right. Recognize the inner demons that block your path and learn how to demystify them. Most importantly, practice honoring and accepting yourself as you are. Come and experience the joy of knowing your heart and feeling alive!

Damini Celebre is a visionary artist, healer, writer, a lover of the natural worlds, magical worlds, and the inner realms. She's passionate about helping people heal their hearts by rediscovering their creative life-force. Damini can often be found teaching, talking to the Land, and being covered in paint. Damini is the author of *Painting the Landscape of Your Soul: A Journey of Self-Discovery* (BrushHeart Press, 2014).



Story Collages: Sharing the Fabric of Our Lives *with Lynda Grace Black*

March 24, 9:30 am-4:00 pm, \$125 includes lunch



With very soft, supportive music setting the tone, gather with other participants in the art studio to engage in activities that encourage empathy for one another and for others and create a story collage, an inspirational expression of your life. Participants in this workshop will:

- share stories;
- use textiles, crocheted or knitted pieces in a group collage to reinforce the connection we have with each other;
- journal about a significant life event;
- create an inspirational, personal collage using chicken wire, fabric, wood or paper.

Weather permitting, we may have an activity outside that will connect our stories with nature.

Please consider bringing knitted or crocheted scraps, a swatch of fabric (may be from clothing) or some other textile item to share. You might also bring beads, shells, a favorite image or photo, scrap yarn or ribbon.

Lynda Grace Black began creating art to encourage community and express our deep interconnection with one another. Primarily a fiber medium media artist, Lynda's work has shown in numerous Philadelphia art venues. A member of Central Philadelphia Monthly Meeting, Lynda's work is documented in the book *Making Good: An Inspirational Guide to Being an Artist Craftsman*.



Tapestry: Weaving Sacred Images *with Jesse White*

April 7, 9:30 am-4:00 pm, \$125 includes lunch



Want to deepen your connection to Spirit as your hands create a sacred image? Begin the day with prayerful seeking for a simple sacred image that speaks to your condition. Learn how to create the cartoon (drawing) of your image, warp a chipboard loom (that you may keep), and practice simple techniques toward completing a woven tapestry wall hanging. Throughout, we will inspire each other to hold sacred space, a sanctuary in which we can learn some new things and meditate on our chosen images. There will be times for reflection and sharing.

No experience necessary. Feel free to bring favorite or important yarns and ribbons to weave into your piece.

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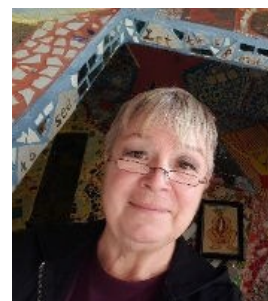
Framing the Sacred: The Spiritual Journey of Photography *with Sharon Gunther*

April 28, 9:30 am-4:00 pm, \$130 includes lunch

"In the beginning, God created..." Morning worship with these primary biblical words as inspiration – then with our cameras aiding our sacred witness, we will embark on a springtime walking meditation of gratitude, beholding the grandeur of creation. With Love as the first motion, how do our souls, or the eyes of our hearts, magnify creation, ourselves, each other? Let us discover where the quickening of the Spirit leads us. What are the fruits of the Spirit for your day today? Throughout our sharing time together, poetry of awe.

Participants are asked to bring a digital camera with which they have some familiarity.

Sharon Gunther is a professional photographer for 45 years, now retired, and a convinced Quaker for 35 years. Living the process of integrating the spiritual and the secular realms has been intentional. Sharon has exhibited her work at Pendle Hill and has led 5-day courses at Pendle Hill on photography as a spiritual path; has led week-long workshops at Friends General Conference; and currently teaches photography at Fleisher Art Memorial. Sharon is member of Swarthmore Friends Meeting, Philadelphia Yearly Meeting.



Journal Harvesting *with Jesse White*

May 12, 9:30am-4:00pm, \$115 includes lunch



Your journals have been a place for seed-planting. By reading and working with content from our old journals, we invite self-discovery of a certain period of our lives. Noticing our patterns helps us to see which ideas have blossomed. We can see which struggles we have overcome and with which struggles we continue to wrestle. We will notice how Spirit moved in our lives then, and now. Some of our activities will include: creating a journey map of a journal, and using rediscovered content to write poems, stories, essays and/or make art.

Please bring: an old journal you have re-read prior to the workshop, a fresh journal for writing and a favorite pen.

Writing and Dancing Our Challenges and Our Joys *with Jennifer Elam*

May 26, 9:30am-4:00pm, \$115 includes lunch

We will begin our day together with worship, asking the Divine and our Creative muses to use our hands and feet to take us to a deeper faith place. Many of us are particularly challenged in the current political climate, and the intention of this workshop is to, in part, speak to find greater creative resilience. We will begin by making a small beautiful book in which to do our writings. Then, prompts will be given related to our current challenges and joys and we will write to these prompts in our handmade books. Throughout our time together we will move from the Five Rhythms sacred dance form (Flow, Staccato, Chaos, Lyrical, and Stillness) and share our challenges and joys through movement. We will end the morning and afternoon sessions with a sharing circle, supporting one another in the work we are doing together. *No experience or special abilities necessary.*

Jennifer Elam is a now retired psychologist, who authored *Dancing with God Through the Storm* (Pendle Hill pamphlet #344). Shas been part of many dance groups, including 5 Rhythms sacred dance, and has led many Arts and Spirituality retreats over the past 18 years. Presently, in addition to writing and dancing, Jennifer sees her callings to be political action and elder parent care. She has been attending Middletown Preparative Worship Group but remains a member of Berea Friends in KY. Her FCNL Advocacy Team is her most important Quaker connection at this time.



In Our Galleries

Faith View

Plein Air and Abstract Works of Joe Faith

Barn Gallery, January 6 - April 26, 2018

Reception: January 7, 2-4 pm, Barn Gallery

Philadelphia born, raised, and trained artist Joe Faith writes of his paintings:



"My paintings are meant to be a conversation with the viewer. It may be poetic, or it may be an argument, or it may be a question. Through imagery and representation, I paint interpretive forms to incite understanding and emotional connections. I create pieces meant to draw the viewer to the spirit of the land, or the inner dialog of

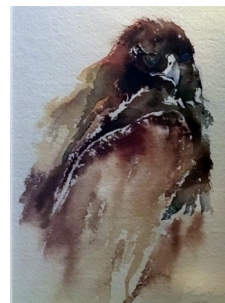
inspiration, or to analysis and introspection. Ultimately through painting and showing I hope to nurture a closer awareness of the world around us as well as connections with the self."

A Celebration of the Creative Work of Lorna Kent

Tree Room Gallery, February 3 - May 29, 2018

Reception: February 25, 2-4 pm, Tree Room Gallery

Quaker artist Lorna Kent passed away December 2014. With the cooperation of Lorna's daughter, Claudia Kent, we welcome this opportunity to display a selection of her work. Claudia writes of her mother:



"My mum's lifelong love of art started when she was a child in England. She kept all of her certificates from grade school through her graduation from the Pennsylvania Academy of Fine Art (PAFA) in 1995. Inspiration was everywhere for her. Sketches of my cat would mysteriously show up on my refrigerator, palm trees in book

margins, a flower on my chalk board. A sketch book and pencil were always close by. . . . Roosters, robins, children's characters and flowers. She would paint her dreams. Crazy depictions of her subconscious. The moment was always captured with her pencil."