Journey Toward Wholeness
A Courage and Renewal® Retreat Series
facilitated by Valerie Brown

November 9-11, 2018 - Seeds of the True Self
January 11-13, 2019 - Dwelling in Darkness
March 8-10, 2019 - Embracing the Power of Paradox
May 3-5, 2019 - Living with Abundance & Gratitude

Based on the work of Parker J. Palmer and the Center for Courage & Renewal®, this four-part seasonal retreat series combines opportunities to explore within community what matters most to you and to savor rest and renewal. Through deep listening with peers, gain clarity to live in alignment with your deepest values and the courage to act with integrity and authenticity in a world that needs more awakened and alive people.

This retreat series is designed for you:

♦ Are you seeking a time set-aside just for you from the busyness of daily stress to focus on what matters most to you?
♦ Are you in transition and asking yourself: ‘What’s next?’ And, do you want the space to listen to your own inner wisdom?
♦ Are you seeking support to build ongoing practices and a community to help you integrate your deepest intentions into your life and work?
♦ Have you been deeply moved by the writing of Parker J. Palmer and the Circle of Trust® and want to know more?

Valerie Brown is a Courage & Renewal® Facilitator prepared by the Center for Courage & Renewal. A consultant and principal of Lead Smart Coaching, LLC, specializing in leadership and mindfulness training, she is a popular coach, retreat and pilgrimage leader, and author. Valerie has written four Pendle Hill pamphlets, the latest of which is Coming to Light: Cultivating Spiritual Discernment through the Quaker Clearness Committee. Her most recent book is The Mindful School Leader. For more information about Valerie, visit leadsmartcoaching.com.

Registration
Visit www.pendlehill.org,
or call Ext. 137 at 610-566-4507 or 800-742-3150 (toll-free in US)

Accommodations
Private room $2365
Shared room $2210
Commuter $1650
If you need financial assistance, please complete our online financial assistance form.

Travel
Pendle Hill is just fifteen minutes from Philadelphia International Airport, and thirty minutes outside the city. The campus is near the Wallingford train station. Take the SEPTA Media/Elwyn line from Philadelphia and call for a pick-up.

Expectations
Registrants commit to participating in all four seasonal retreats, to completing a pre-series questionnaire, and to making payment in full at time of registration.

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Pendle Hill
A Quaker Study, Retreat, and Conference Center