



May 26, 2018 • 9:30 am to 4:00 pm

Writing and Dancing Our Challenges and Joys

A one-day workshop with Jennifer Elam

We will begin our day together with worship, asking the Divine and our Creative muses to use our hands and feet to take us to a deeper faith place. Many of us are particularly challenged in the current political climate which exacerbates other challenges. The intention of this workshop is to find greater creative resilience. We will begin with a social time of making a small beautiful book in which to put our writings. Then, writing prompts will be given related to current personal challenges and joys. We will write to these prompts in our handmade books. Throughout our time together, we will move using sacred dance forms and body prayers, sharing our challenges and joys through movement. We will end the morning and afternoon sessions with a sharing circle, supporting one another in the work we are doing together. *No experience or special abilities necessary.*

Jennifer Elam is a retired psychologist, who authored *Dancing with God Through the Storm* (Pendle Hill pamphlet #344). She has been part of many dance groups and has led many Arts and Spirituality retreats over the past 20 years. Presently, in addition to writing and dancing, Jennifer sees her callings to be political action and settling the estates of her recently deceased parents. A Quaker for 27 years, she is a member of Berea (KY) meeting and attends Middletown Preparative Worship Group. Her FCNL Advocacy Team is her most treasured Quaker connection at this time.

Registration

Visit www.pendlehill.org,
or call Ext. 137 at 610-566 4507
or 800-742-3150 (toll-free in US)

Fee

\$ 125, includes lunch

NB: No overnight accommodations
with this workshop.

Travel

Pendle Hill is just fifteen minutes from
Philadelphia International Airport, and
thirty minutes outside the city.
The campus is near the Wallingford train
station. Take the SEPTA Media/Elwyn line
from Philadelphia and call for a pick-up.



338 Plush Mill Road
Wallingford, Pennsylvania
610-566-4507, ext. 137
www.pendlehill.org



PENDLE HILL

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