**What to expect:** This conference is designed to help young adults (18-35) develop a roadmap for achieving a life of intention and integrity. Each day, we will explore one of the following topics central to living in community: Justice, Love, Work, and Spirituality.

**Guest facilitators** will lead our sessions, introducing new perspectives on these areas of concern, and evening exercises will help you apply the day’s learning by laying out daily, seasonal, and annual routines and exercises to foster growth, balance, and direction.

Each day begins with Quaker **meeting for worship**, 30 minutes of contemplative “listening” in the manner of Friends. Participants are invited to engage with this group practice as they can, but they are not expected to “be Quakers” and may find worship time well spent in silent meditation.

Morning and afternoon sessions will be interspersed with **practical skill-building workshops** around such skills as bread making, carpentry, foraging, and gardening.

**Pendle Hill** is located on 24 beautiful acres with a mile-long woodchip trail, a pond, and 140 species of trees and flowering shrubs. Participants will have access to the art studio, library, and the grounds.

Most **food** served is homemade. We make extensive use of organic fruits and vegetables from our garden. All meals include vegan and vegetarian options and can be customized for specific dietary needs.