



Registration

Visit www.pendlehill.org,
or call Ext. 137 at 610-566 4507
or 800-742-3150 (toll-free in US)

Travel

Pendle Hill is just 15 minutes from
Philadelphia International Airport, and 30
minutes outside the city. The campus is near
the Wallingford train station. Take the
SEPTA Media/Elwyn line from Philadelphia.

Fall 2018—Winter 2019 Arts & Spirituality Programs

Poetry Coffeehouses



Whether you are a poet with poems to share, or an appreciative listener, you are invited to join us on these Sunday afternoons 2– 4 pm for our Poetry Coffeehouse. The theme of the education program this year is “Liberation,” and you might consider that theme and its many possibilities as you write your way to new openings and possibilities. Open mic format. Creative refreshments by Darius. \$14.

Sep 9 • Oct 7 • Nov 4 • Dec 9 • Jan 13 • Feb 10 • Mar 3

Open Studio Sessions

Create in community in our beautiful, light-filled art studio! These are drop-in, self-directed art experiences. A monitor will be present to help you find supplies and get started. Join us 1:30 - 5:30 pm on the Saturdays listed below! Check online for fees.

Jesse White is the Arts and Spirituality Coordinator at Pendle Hill. She holds a B.A. in Integrative Studies: Creative and Spiritual Process joined with a B.A. in Psychology from Guilford College. An arts educator and art therapist, Jesse directs Pigeon Arts, a cathartic art-making organization in Philadelphia. She is currently serving as clerk of Frankford Friends Meeting (PA).



Sep 15 • Oct 13 • Nov 3 • Dec 15 • Jan 19 • Feb 16 • Mar 23

338 Plush Mill Road
Wallingford, Pennsylvania
610-566-4507, ext 137
www.pendlehill.org



PENDLE HILL
A Quaker Study, Retreat, and Conference Center

In Our Galleries

THE BARN GALLERY

SEPTEMBER 5, 2018 - JANUARY 2, 2019

The Summer of Falling

The artwork of Monica Kane



This exhibit features bird and insect drawings, and boat sculptures. The drawings reflect a current and pervasive sense of dislocation. The sculptures reflect themes of migration and weave together fact and mythology in an attempt to reflect our consciousness, experience and history. I build then strip away all but what is essential.

Monica Kane holds her B.F.A. from Pratt Institute with further studies at the Pennsylvania Academy of the Fine Arts and the University of the Arts. Her work has been displayed in solo and group shows in New York City, Philadelphia, New Jersey and Brussels, Belgium. Her work is in the collections of the Free Library of Philadelphia, the Newark Public Library and the Oberlin College Clarence Ward Art Library.



TREE ROOMS GALLERY

SEPTEMBER 30, 2018 - JANUARY 31, 2019

Art as Soul's Sanctuary: Between Trauma and Redemption

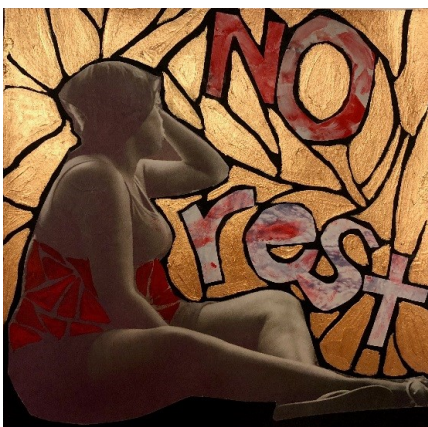
Works by Jennifer Elam



Jennifer left home at an early age to escape violence in her family's culture. After retiring from her career as a psychologist, she answered a call to return to her native Kentucky to care for her aging parents, with whom she had remained close. Both

parents died within days of each other in January 2018. Dancing, art, and writing have helped her heal from trauma and given new meaning to the word "redemption" for her. In August 2018, Pendle Hill published Jennifer's pamphlet, *Art as Soul's Sanctuary: Meditations on Art and Spirituality among Quakers and Beyond*. This exhibit features some of the work described in that pamphlet.

Jennifer Elam studied, researched, taught, and practiced psychology for 45 years, the last 13 with preschools. She has served Pendle Hill in many ways since she first came in 1995. She is completing "Soul Returns to Preschool," which integrates her psychology work with her research into children's spirituality.



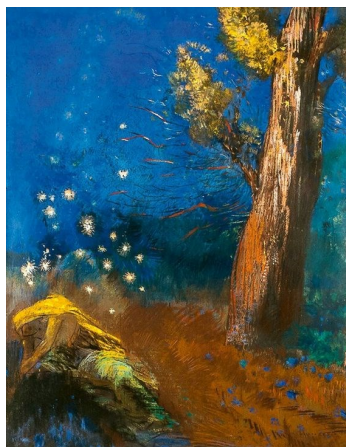
OCTOBER 6, 2018, 9:30 am to 4:00 pm

Art for Liberation: Explorations in Collage & Mixed Media *with Julia Katz Terry*

Are you on a journey of personal growth? Are you passionate about social transformation? Change can be both challenging and liberating. This tension can be hard to put into words. Through play and exploration with collage materials and mixed media, participants will use images, shapes, words, and symbols to reflect and express personal and universal experiences of growth, struggle, and liberation. \$125 includes materials and lunch.

Julia Katz Terry is a visual artist, cultural organizer, and arts educator. She lives in West Philadelphia and is Associate Executive Director of Philadelphia-based community arts education non-profit, ArtWell. Julia holds a B.A. from Hampshire College in Studio Art and Youth Development, and completed her M.A.T. in Art Education at Tufts University and the School of the Museum of Fine Art. She is a recipient of a Leeway Art and Change Grant and has exhibited her work in group and solo shows. Her art can also be found on the cover of *Re-Writing the Return to Africa*, by Anne Francios, and in *Affirming Diversity: The Sociopolitical Context of Multicultural Education*, by Sonia Nieto and Patty Bode.





"Death of the Buddha"
by Odilon Redon (1840-1916)

OCTOBER 20, 2018, 9:30 am to 4:00 pm

Intuitive Arts for Spiritual Discovery *with Jesse White*

Explore the connections between art and the Spirit using drawing, painting, collage, and mixed media. Discover ways to move beyond traditional thought to a deep inner place of imagination, creativity, and mystery. There will be time to journal and share with others throughout the day. Join us as we collaborate with Spirit and celebrate what unfolds in our creative work. No experience necessary. \$125 includes materials and lunch.

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NOVEMBER 10, 2018, 9:30 am to 4:00 pm

Bringing the Shadow to Light *with Arla Patch*

Our "shadow" is that part of ourselves that we don't always see. Through creating community, using guided imagery and new embodied avenues to access inner "truths" about ourselves, we'll create and use our cast shadow. Participants will learn pastel techniques to create a "metaphorical self" within the silhouette.

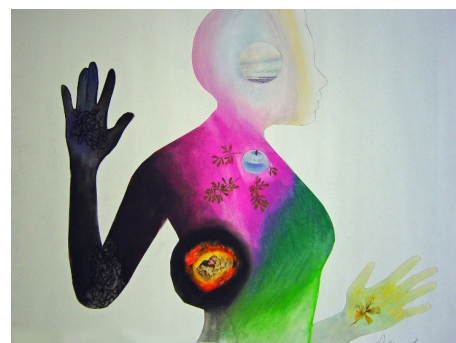
Whether tapping into gifts or shortcomings, participants will experience the



unique opportunity to access aspects of themselves that might

not yet have been given voice or vision. This creative and spiritual practice can offer a sense of renewal and intimacy with our relationship to ourselves. Skills in self-reflection and celebration will be nurtured. No experience needed. \$125 includes materials and lunch.

Arla Patch has a BFA, Ed, and an MFA in Fine Arts and has been an art teacher and facilitator of using art as a tool for healing for over 45 years. Using art for her own recovery from childhood trauma gave her the personal experience of how art transforms. She is a member of Doylestown Friends Meeting.



DECEMBER 8, 2018, 9:30 am to 4:00 pm

Write Your Life into Being *with Janaki Spickard-Keeler*

Writing can help us reveal and remove blocks to the deeper life we'd like to live. Through journaling and self-inquiry, we will uncover and begin to heal core dilemmas that are causing separation and internal conflict. Using the Work of Byron Katie, we will challenge faulty beliefs and write our way into how to live a better version of the truth. Participants will leave with a template to address other thoughts and beliefs that are causing them pain. \$119 includes lunch.



Janaki Spickard-Keeler, M.S.S., L.S.W., is a writer, family therapist, and life-long Quaker. She has a masters degree in social work from Bryn Mawr College and did her undergraduate study at Smith College in political science and mathematics. As a clinical social worker, she unites writing with sacred change, helping people re-author the narratives of their lives in a direction that better fits their deep truths. She is a member of Chestnut Hill Monthly Meeting (Philadelphia Yearly Meeting). She stewards the Pendle Hill Pamphlets series of essays on Quaker perspectives on contemporary themes, and blogs occasionally at <https://quiestistquaker.wordpress.com/>.



MARCH 9, 2019, 9:30 am to 5:00 pm

Quilting our Prayers and Practices for Peace

with Asake Jones

Pendle Hill's vision is "to create peace with justice in the world by transforming lives." Does that vision speak to you? Do you enjoy creating with fabric? Do you have experience with basic hand sewing? Join with other peacemakers and piece-makers to create a quilted work of art that expresses both your own fabric contribution and a shared vision of peacemaking in a quilted mandala.

The creative journey will begin with each participant playing with mixed media, reflecting, sketching, and capturing ideas in an art journal for the group project. Then the group will bring their ideas together to create a communal mandala quilt. Asake will guide participants in piecing together the quilt, which will be publicly displayed at Pendle Hill for all to experience. Music, meditation, journaling, and movement will be woven into the day's art practice.



Asake Denise Jones, M.S., M.Ed., is a mixed-media fiber artist dually certified as a life coach and transformative arts facilitator. Her sewing skills were honed assisting her mother, Dorothy Foye, in her Philadelphia dressmaking business. Spirituality, mindfulness, science, and evidence-based practices inform her art and facilitation. Asake has more than 20 years experience facilitating workshops and retreats on education, personal development, and mixed-media fiber art. See her full biography on our website.



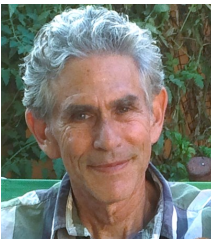
MARCH 16, 2019, 9:30 am to 4:00 pm

Kintsugi Self Portraits: Recreating You in Golden Wholeness

with Joe Brenman

Kintsugi, or "golden repair," is the Japanese art of repairing broken pottery with lacquer dusted or mixed with powdered gold. It is thought that the golden cracks make the piece more beautiful.

When have you felt the need for mending? Do you want to learn how to fill the cracks of what feels broken within you with beauty and art? In this workshop, Joe will guide you in painting a self-portrait on a ceramic surface. After lunch, you will practice courage and faith by (safely) smashing your clay portrait. Then you will recreate your image/narrative, reassembling the pieces anyway you'd like, filling in the cracks with gold. There will be time for journaling, reflecting, and sharing with others in your day's journey. Please bring a journal and pen.



Joe Brenman graduated from The Pennsylvania Academy of the Fine Arts in 1978. His sculptures are in many private collections and have been exhibited in numerous one-man and group shows. He is a recipient of a National Endowment for the Arts grant, two Mid Atlantic Arts Foundation grants, and the 2018 Miki Young Artwell Leader Award. His public work includes mosaics for Septa's Church Street El stop, Bar Ferdinand, Al Aqsa Islamic Society, Germantown Jewish Center in Philadelphia, and St. Joseph's Church, Spring City, PA. Read more on our website.



Are you a Quaker artist that could benefit from a residency at Pendle Hill to complete a project?

Apply for the Minnie Jane Artist-in-Residence Scholarship

Established to honor Minnie Jane, a Quaker artist who founded the Fellowship of Quakers in the Arts, this endowed scholarship is available to support and encourage a Quaker artist pursuing a self-directed creative project in the fine arts, crafts, performing arts, creative writing, music composition, or other artistic pursuit compatible with Pendle Hill's physical facilities.

For details, visit <https://pendlehill.org/learn/scholarships-residencies/>.