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338 Plush Mill Road Wallingford, Pennsylvania 610-566-4507, ext 137 www.pendlehill.org



January 27, 2020  $\cdot$  7:30-9:00 pm  $\cdot$  barn meeting room  $Griefs\ Compass$ 

## Walking the Wilderness with Emily Dickinson A book-reading by Patricia McKernon Runkle

If you've suffered a serious loss, you know that grief can feel like a wilderness. Is there a compass to navigate this holy madness? If so, what would North be?

Author Patricia McKernon Runkle will read from her award-winning book, *Grief's Compass: Walking the Wilderness with Emily Dickinson*. This memoir of loss and recovery is written in a collage of forms—narrative, poetry, journal entries, and the writings of Emily Dickinson—and explores four cardinal points on a compass.

"As we wander the wilderness of grief, we can be at any point at any time. Memories, stories, pangs of loss, balms of healing—all are present, always. We don't have to let go of loved ones, and we don't need to wait for healing." For a new perspective on grief and healing, please join us.

**Patricia McKernon Runkle** is the author of the award-winning book *Grief's Compass: Walking the Wilderness with Emily Dickinson*. In this memoir, Patricia uses narrative, poetry, and journal entries to tell how she found her way through the holy madness of grief and the grace of healing after the devastating loss of her brother. She sets grief and healing in the broadest possible context and tenderly affirms our innate ability to heal. In addition to her book, Patricia has published poetry and music. She has also volunteered as a facilitator at the Good Grief support center in Morristown, New Jersey. To learn more, visit www.griefscompass.com.

