



Arts for Spiritual Discovery

Eight online sessions led by Jesse White

EVERY TUESDAY BETWEEN APRIL 28 AND JUNE 16, 2020

6:30-8:00 PM EASTERN TIME • VIA ZOOM

Interfaith arts and spirituality programming to move into a deeper creative collaboration with the Source within us. Choose your preferred medium — drawing, writing, painting, or collage — and use materials you already have at home. Register for one, two, or all eight sessions. But register early, as space is limited.

You will need a computer or smartphone (preferably with webcam and microphone), cleared table space, paper, drawing and/or painting supplies, favorite pens or pencils, journal, scissors, and refreshments. For collage, you will need magazines, glue sticks, stickers, etc.

SESSION TITLES

APRIL 28—Breaking Through: Quieting the Inner Critic & Welcoming the Inner Creator (1)

MAY 5—Breaking Through: Quieting the Inner Critic & Welcoming the Inner Creator (2)

MAY 12—Breaking Through: Quieting the Inner Critic & Welcoming the Inner Creator (3)

MAY 19—Breaking Through: Quieting the Inner Critic & Welcoming the Inner Creator (4)

MAY 26—Collaborating with the Creator

JUNE 2—Creative Prayer: Drawing Ourselves & Others in the Light

JUNE 9—Spirit's Invitation to Creative Play (1)

JUNE 16—Spirit's Invitation to Creative Play (2) or Show-N-Tell

FULL DESCRIPTIONS OF EACH SESSION ARE AVAILABLE AT WWW.PENDLEHILL.ORG

Jesse White is the Arts and Spirituality Coordinator at Pendle Hill. She holds a B.A. in Integrative Studies: Creative and Spiritual Process joined with a B.A. in Psychology from Guilford College. Jesse works as an arts educator and art therapist and directs Pigeon Arts, a cathartic art-making organization in Philadelphia. She is clerk of Frankford Friends Meeting (PA).



338 Plush Mill Road
Wallingford, Pennsylvania
610-566-4507, ext 137
www.pendlehill.org



PENDLE HILL

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