

# Tools for Navigating, Embracing, and Transforming Chaos

*A series of eight online webinars facilitated by  
Matthew Armstead, Erva Baden and Lina Blount*

**8 WEDNESDAYS · 4:00-5:30 PM EASTERN TIME · VIA ZOOM**

**APRIL 29 · MAY 13 · MAY 27 · JUNE 10 · JUNE 24 · JULY 8  
JULY 22 · AUGUST 5**

In this moment of COVID-19 and all else in the world, communities are increasingly faced with chaos and uncertainty, which physiologically elicits the trauma reactions of fight, flight, fawn, and freeze. To create peace with justice in the world, changemakers need a connection to peace internally. That journey asks participants to notice their own reactions in chaos, and from there, to move toward new choices.

Building a sense of personal power allows participants to tap into spiritual resources that stretch beyond the individual level. The connection to the divine is key to supporting the experience of moving from reaction to making choices. Join us for a series of online offerings to support seekers and changemakers to track themselves, their communities, and their surroundings, and thus support resilient strategies, campaigns, and communities.

These online sessions are built from themes developed in the [Radical Faithfulness in Action](#) program. Each session can be taken as a one-off. Together, the sessions are designed to build a comprehensive toolkit for those who take them in sequence. We welcome people to be flexible and sign up for whatever sessions speak to you.

The nature of chaos at this moment and all moments impacts people of different experiences and backgrounds differently. We want to particularly welcome people doing work in multi-racial spaces to learn, heal, and gain skills and share practices together. Also, some sessions are intended for people of color only.

**REGISTER ONLINE AT  
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**SUGGESTED FEE \$15 PER SESSION**

*We do not want finances to be a barrier  
to participation and encourage all called  
to participate to as you are led/able.*

**PLEASE VISIT OUR WEBSITE FOR  
INFORMATION ABOUT EACH SESSION  
AND BIOGRAPHIES OF THE FACILIATORS**

338 Plush Mill Road  
Wallingford, Pennsylvania  
610-566-4507, ext 137  
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