



Registration

Visit www.pendlehill.org,
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Fee

\$ 20



338 Plush Mill Road
Wallingford, Pennsylvania
610-566-4507, ext 137
www.pendlehill.org



MAY 30, 2020 • 2:00 to 4:00 PM • VIA ZOOM

Art as Medicine for Personal and Global Healing

An Online Arts & Spirituality Workshop

with Ricardo Levins Morales

Art can be a powerful instrument for healing, able to carry truths to the heart and spirit that the mind may not be ready to embrace. We will explore using visual images to express the truths we need for healing ourselves, each other and our world. Artistic experience is not necessary.

Materials to have on hand: magazines to cut up, scissors, clear tape or glue, drawing tools (pencils, crayons or markers), and blank paper.

Limit of 20

Ricardo Levins Morales describes himself as a “healer and trickster organizer disguised as an artist.” He was born into the anti-colonial movement in his native Puerto Rico and was drawn into activism in Chicago when his family moved there in 1967.

Ricardo’s activism has included support work for the Black Panthers and Young Lords, and participating or acting in solidarity with farmers, environmental, labor, racial justice and peace movements.

Increasingly Ricardo sees his art and organizing practices as means to address individual, collective and historical trauma. He co-leads workshops on trauma and resilience for organizers as well as trainings on creative organizing, social justice strategy and sustainable activism, and mentors and supports young activists.

Ricardo’s art has won numerous awards but the greatest affirmation is the uses to which it has been put by grassroots movements and communities. Learn more about Ricardo at www.rlmartstudio.com.



PENDLE HILL

A Quaker Study, Retreat, and Conference Center