

REGISTRATION

\$450—Private Room \$350—Shared Room \$250—Commuter

If cost is a barrier, please wait to register and first apply for financial assistance on our website.

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Kairos: A Spiritual Journey

On-campus: June 15—18, 2023

The term kairos (καιρός) is an ancient Greek noun describing an opportune and decisive moment; a combination of time and place that generates the ideal environment for actions, words, and/or movements.

This retreat, led by Francisco Burgos, is designed to nurture and embrace daily life with simplicity, gratitude, hope, and a deep sense of connection as we explore some practices and queries that will support you in your spiritual journey:

- What spiritual practices sustain you?
- What does prayer/contemplation mean in your life?
- How do you support yourself and others during challenging times?
- Are you creating space for spiritual learning?
- How does your spiritual practice permeate your way of being in the world?

Participants will create a unique space for spiritual growth by combining key practices from Quaker and other faith traditions, and they will have the opportunity to engage in contemplative praying of the Scriptures as they experience the deep practice of worship sharing. This *kairos* is rooted in meeting for worship, worship sharing, *lectio divina* (divine reading), silence, community, work, study, and celebration.

Francisco Burgos

