



REGISTRATION

\$495—Private Room

\$450—Shared Room

\$375—Commuter

If cost is a barrier, please wait to register and first apply for financial assistance on our website.



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Mediating Trauma through Creative Expression

On-campus: June 23—25, 2023

Trauma, grief, and deep challenges are stories that are stuck and have forgotten how to dance. Using Spirit-led creative media (writing, movement, music, and art), we will teach these stories to move again, toward new life. What is your vision of new life?

The work of four academicians/writers (Bessel Van der Kolk, Peter Levine, Stephen Porges – who endorsed this workshop – and John Calvi) will ground our experiential work throughout the weekend. We will engage with simple Spirit-led creative media to explore what the academicians and the spiritual healers mean when they tell us how to heal trauma. We will ask, “What is your story? Vision? What support do you need to move forward? How will we each get our needs met to move forward?”

Through these steps we seek to free our stories and hear Spirit’s plan for us. We will support each other to re-vision the story then invite it to move, using dance, movement, and music. Join us, with God and our community, to build this new life together.



Dr. Jennifer Elam



Gloria Stearns-Bruner



PENDLE HILL
A Quaker Study, Retreat, and Conference Center