

# *Celebrate the New Year at*



## PENDLE HILL



### **Open Heart, Peaceful Mind**

On-Campus: Dec 28, 2023 - Jan 1, 2024

**A New Year's Eve retreat with Valerie Brown, where we'll learn to become our own true love.**

Many of us live with anxiety, worry, and stress about relationships: caring for aging parents, worry about our children, seeking connection and belonging in an all-too disconnected world. Some of us feel frustrated about social justice issues like climate crisis, gun violence, and social equity that are beyond our capacity to influence. We can get caught in self-limiting beliefs, cynicism, and perfectionism that sabotage us on the way to real change. This year's retreat theme is *Becoming Your Own True Love*. We focus on truly loving and accepting ourselves as we are as the foundation for creating meaningful relationships with ourselves, with others, with our communities, and our society. This retreat culminates in an alcohol-free New Year's Eve celebration, with dinner, a concert in the Barn, and midnight candlelit worship.

#### REGISTRATION

**\$860** - Private Room | **\$720** - Shared Room | **\$545** - Commuter

Learn more and register at [pendlehill.org/learn/events](https://pendlehill.org/learn/events)  
Financial assistance is available

