

LISTEN & SUBSCRIBE

The Seed is available on Apple, Spotify, and all major podcast platforms



This project was made possible by the generous support of the Thomas H. & Mary Williams Shoemaker Fund.







Join Quakers and other seekers to explore visions of the world growing up through the cracks of our broken systems.

Welcome to Season 4 of The Seed! Join us as we explore what spiritual alignment looks like in this moment of escalating social and political upheaval and violence: How do we cultivate discernment to stay the course and stay connected to our leadings? How are we being called to transform ourselves and our communities to break down systems of oppression and embody new ways of being? Listen as guests **Parker Palmer, Adria Gulizia, Felix Rosado, Rabbi Mordechai Liebling, and Valerie Brown** explore these and other queries.



Meet the Host: Dwight Dunston

Dwight is a West Philly-based facilitator, hip-hop artist, educator, & activist. He's brought his creativity and compassion to community centers and venues all over the world. His belief that our stories hold the key to our healing and wholeness has inspired his work, which supports individuals to feel more rooted and heartopened to themselves and others.



