



REGISTRATION

Private Room: \$1,290
Shared Room: \$1,090
Commuter: \$690

Financial assistance
available

The Refuge of Not-Knowing

On Campus: Mar 16-23, 2025

**A seven-day mindfulness meditation retreat with
Mary Grace Orr, Anne Briggs, and Rebecca Kronlage.**

It is said that we inhabit houses created by our views and opinions – our stories. And that we view our lives through the windows of those houses. The simple techniques of mindfulness, as taught by the Buddha, teach us to view our world with fresh vision, newly born in each moment. This silent retreat (i.e. no social conversation) will have periods of sitting and walking meditation, opportunities to talk with a teacher, and formal presentations. It is suitable for both beginners and experienced students and for people of all faith traditions.



Mary Grace Orr



Anne Briggs



Rebecca Kronlage

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PENDLE HILL
A Quaker Study, Retreat, and Conference Center