

# The Spring Term

Schedule and Syllabus  
March 1 – May 10, 2025



PENDLE HILL

A Quaker Study, Retreat, and Conference Center

Contents

**Introduction** ..... 2

**10-Week Schedule** ..... 3

**Session Descriptions**..... 4

**Daily Schedule** ..... 5

**Syllabus** ..... 6

*Session I: Arriving and Nourishing* ..... 6

*Session II: Discerning Our Calls* ..... 6

*Session III: Learning in Community* .....7

*Publishers of the Truth: A Collaboration of Pendle Hill’s Quaker Institute and Earlham School of Religion’s Quaker Leadership Conference* .....7

*Festival Week* .....7

**Program Leaders**..... 8

**Resident Scholars** ..... 9

**Introduction**

Welcome to The Spring Term, Pendle Hill’s annual resident student program for those seeking space and community in which to share the daily rhythm of learning, work, and worship. For the 2025 season, this 10-week program will be offered in three Sessions. Attend for the first 2-week session, the first and second 2-week session, or come for all 10 weeks of The Spring Term.

Learn more about the full program at <https://pendlehill.org/learn/springterm/>

# 10-Week Schedule

|                              | Sunday<br>First Day  | Monday<br>Second Day  | Tuesday<br>Third Day   | Wednesday<br>Fourth Day                       | Thursday<br>Fifth Day  | Friday<br>Sixth Day                            | Saturday<br>Seventh Day                 |
|------------------------------|--|---|--|---|--|--|---|
| March                        |  |   |  |   |  |  | 1<br>Orientation                        |
|                              | 2<br>Orientation   | 3<br>Nourishing<br>1st Monday                               | 4<br>Nourishing  | 5<br>Nourishing                               | 6<br>Nourishing  | 7<br>Nourishing                                | 8<br>Nourishing                         |
|                              | 9<br>Centering   | 10<br>Centering   | 11<br>Centering  | 12<br>Centering                               | 13<br>Centering  | 14<br>Centering                                | 15<br>End Session I<br>Begin Session II |
|                              | 16<br>Discerning   | 17<br>Discerning  | 18<br>Discerning   | 19<br>Discerning                              | 20<br>Discerning   | 21<br>Discerning                               | 22<br>Discerning                        |
|                              | 23<br>Discerning   | 24<br>Discerning  | 25<br>Discerning   | 26<br>Discerning                              | 27<br>Discerning   | 28<br>Discerning                               | 29<br>Discerning                        |
|                              | 30<br>End Session II<br>Begin Session III                    | 31<br>Scholar Presentations                                 | 1<br>Elective Course:<br>Primitive Quakerism Revived         | 2   | 3  | 4  | 5                                       |
|                              | 6<br>Begin Session III                                       | 7<br>Elective Course:<br>Right Time to Change<br>1st Monday | 8<br>Elective Course:<br>Primitive Quakerism Revived         | 9<br>Elective Course:<br>Right Time to Change | 10   | 11<br>Elective Course:<br>Right Time to Change | 12                                      |
| 13                           | 14   | 15<br>Elective Course:<br>Primitive Quakerism Revived       | 16   | 17  | 18   | 19   |   |
| 20<br>Easter                 | 21<br>Elective Course:<br>Journey Inward,<br>Journey Outward | 22<br>Elective Course:<br>Primitive Quakerism Revived       | 23<br>Elective Course:<br>Journey Inward,<br>Journey Outward | 24  | 25<br>Elective Course:<br>Journey Inward,<br>Journey Outward | 26   |   |
| 27                           | 28<br>Writing Week   | 29<br>Elective Course:<br>Primitive Quakerism Revived       | 30   | 1   | 2<br>Publishers of the Truth                                 | 3<br>Publishers of the Truth                   |   |
| 4<br>Publishers of the Truth | 5<br>Publishers<br>1st Monday                                | 6   | 7  | 8<br>Final Presentations                      | 9<br>Final Presentations                                     | 10   |   |

# Session Descriptions

## Session I, Arriving & Nourishing: March 1 - 15

How to Rest: Nourishing Practices to Renew and Restore Body, Mind, and Spirit, with Valerie Brown

Centering in the Spirit, with Marcelle Martin

## Session II, Discerning Our Calls: March 16 - 29

Discerning Our Calls, with Marcelle Martin

## Session III, Learning in Community: April 1 - 30

Learning in Community, including elective courses:  
Primitive Quakerism Revived, with Peter Blood  
The Right Time to Change, with Dwight Dunston  
Journey Inward, Journey Outward, with John Baird

## Publishers of the Truth: May 2 - 5

A collaboration of Pendle Hill's Quaker Institute and the Earlham School of Religion's Quaker Leadership Conference.

## Festival Week: May 6 - 10

A celebration of the end of the term.

# Daily Schedule

|       | Sunday                             | Monday  | Tuesday                           | Wednesday                          | Thursday                          | Friday                             | Saturday                         |                                  |  |  |  |                                     |  |                                  |
|-------|------------------------------------|---|-----------------------------------|------------------------------------|-----------------------------------|------------------------------------|----------------------------------|----------------------------------|--|--|--|-------------------------------------|--|----------------------------------|
| 7:30  | 7:30 - 8:30 AM Breakfast           |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  |  |                                     |  |                                  |
| 7:45  |                                    |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  |  |                                     |  |                                  |
| 8:00  |                                    |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  |  |                                     |  |                                  |
| 8:15  |                                    |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  |  |                                     |  |                                  |
| 8:30  |                                    |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  |  |                                     |  |                                  |
| 8:45  | 8:30 - 9:30 AM Meeting for Worship |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  |  |                                     |  |                                  |
| 9:00  |                                    |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  |  |                                     |  |                                  |
| 9:15  |                                    |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  |  |                                     |  |                                  |
| 9:30  |                                    |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  |  |                                     |  |                                  |
| 9:45  |                                    |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  |  |                                     |  |                                  |
| 10:00 | 9:30 - 12:00 PM<br>Personal Time   | 9:30 - 12:00 PM<br>Community Learning Meeting | 9:30 - 12:00 PM<br>Community Work | 9:30 - 12:00 PM<br>Community Work  | 9:30 - 12:00 PM<br>Community Work | 9:30 - 12:00 PM<br>Community Work  | 9:30 - 12:00 PM<br>Personal Time |                                  |  |  |  |                                     |  |                                  |
| 10:15 | 12:00 - 1:00 PM Lunch              |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  |  |                                     |  |                                  |
| 10:30 |                                    |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  |  |                                     |  |                                  |
| 10:45 |                                    |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  |  |                                     |  |                                  |
| 11:00 |                                    |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  |  |                                     |  |                                  |
| 11:15 |                                    |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  |  |                                     |  |                                  |
| 11:30 | 12:00 - 1:00 PM Lunch              |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  |  |                                     |  |                                  |
| 11:45 |                                    |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  |  |                                     |  |                                  |
| 12:00 |                                    |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  |  |                                     |  |                                  |
| 12:15 |                                    |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  |  |                                     |  |                                  |
| 12:30 |                                    |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  |  |                                     |  |                                  |
| 12:45 | 12:00 - 1:00 PM Lunch              |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  |  |                                     |  |                                  |
| 1:00  |                                    |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  |  |                                     |  |                                  |
| 1:15  |                                    |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  |  |                                     |  |                                  |
| 1:30  |                                    |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  |  |                                     |  |                                  |
| 1:45  |                                    |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  |  |                                     |  |                                  |
| 2:00  | 1:00 - 6:00 PM<br>Personal Time    | 1:00 - 2:30 PM<br>Personal Time               | 1:00 - 2:30 PM<br>Personal Time   | 1:00 - 2:30 PM<br>Personal Time    | 1:00 - 2:30 PM<br>Personal Time   | 1:00 - 2:30 PM<br>Personal Time    | 1:00 - 6:00 PM<br>Personal Time  |                                  |  |  |  |                                     |  |                                  |
| 2:15  |                                    | 2:30 - 5:00 PM<br>Learning Session            | 2:30 - 5:00 PM<br>Personal Time   | 2:30 - 5:00 PM<br>Learning Session | 2:30 - 5:00 PM<br>Art Studio      | 2:30 - 5:00 PM<br>Learning Session |                                  |                                  |  |  |  |                                     |  |                                  |
| 2:30  |                                    |   |                                   |                                    |                                   |                                    |                                  | (Weekly Elective in April)       | (Weekly Elective in April)                         | (Weekly Elective in April)                         |  |                                     |  |                                  |
| 2:45  |                                    | 5:00 - 6:00 PM<br>Personal Time               | 5:00 - 6:00 PM<br>Personal Time   | 5:00 - 6:00 PM<br>Personal Time    | 5:00 - 6:00 PM<br>Personal Time   | 5:00 - 6:00 PM<br>Personal Time    |                                  | 5:00 - 6:00 PM<br>Personal Time  |  |  |  |                                     |  |                                  |
| 3:00  | 6:00 - 7:00 PM Dinner              |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  |  |                                     |  |                                  |
| 3:15  |                                    |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  |  |                                     |  |                                  |
| 3:30  |                                    |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  |  |                                     |  |                                  |
| 3:45  |                                    |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  |  |                                     |  |                                  |
| 4:00  |                                    |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  |  |                                     |  |                                  |
| 4:15  | 6:00 - 7:00 PM Dinner              |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  |  |                                     |  |                                  |
| 4:30  |                                    |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  |  |                                     |  |                                  |
| 4:45  |                                    |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  |  |                                     |  |                                  |
| 5:00  |                                    |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  |  |                                     |  |                                  |
| 5:15  |                                    |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  |  |                                     |  |                                  |
| 5:30  | 6:00 - 7:00 PM Dinner              |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  |  |                                     |  |                                  |
| 5:45  |                                    |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  |  |                                     |  |                                  |
| 6:00  |                                    |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  |  |                                     |  |                                  |
| 6:15  |                                    |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  |  |                                     |  |                                  |
| 6:30  |                                    |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  |  |                                     |  |                                  |
| 6:45  | 6:00 - 7:00 PM Dinner              |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  |  |                                     |  |                                  |
| 7:00  |                                    |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  |  |                                     |  |                                  |
| 7:15  |                                    |   |                                   |                                    |                                   |                                    |                                  | 7:00 - 7:30 PM Epilogue          |  |  |  | 7:00 - 7:30 PM Epilogue             |  | 7:00 - 10:00 PM<br>Personal Time |
| 7:30  |                                    |   |                                   |                                    |                                   |                                    |                                  | 7:30 - 10:00 PM<br>Personal Time | 7:30 - 9:00 PM<br>Evening Elective<br>(April Only) | 7:30 - 9:00 PM<br>Evening Elective<br>(April Only) | 7:00 - 8:30 PM<br>Chorus Rehearsal<br>(Optional) | 7:30 - 9:00 PM<br>Community Worship | 7:30 - 9:00 PM<br>Evening Elective<br>(April Only) |                                  |
| 7:45  |                                    |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  | 8:30 - 10:00 PM<br>Personal Time                 |                                     |  |                                  |
| 8:00  | 10:00 PM Quiet Hours Begin         |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  |  |                                     |  |                                  |
| 8:15  |                                    |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  |  |                                     |  |                                  |
| 8:30  |                                    |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  |  |                                     |  |                                  |
| 8:45  |                                    |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  |  |                                     |  |                                  |
| 9:00  |                                    |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  |  |                                     |  |                                  |
| 9:15  | 10:00 PM Quiet Hours Begin         |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  |  |                                     |  |                                  |
| 9:30  |                                    |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  |  |                                     |  |                                  |
| 9:45  |                                    |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  |  |                                     |  |                                  |
| 10:00 |                                    |   |                                   |                                    |                                   |                                    |                                  |                                  |  |  |  |                                     |  |                                  |

# Syllabus

## Session I: Arriving and Nourishing

March 1 to March 15

Leaders: Valerie Brown, Francisco Burgos, Frances Kreimer, Marcelle Martin

Welcome to Pendle Hill! Exhale deeply and savor a time in Pendle Hill's spiritual green house, to rest, renew, restore, and recharge.

In this opening Session, you will be oriented to Pendle Hill, ground in our residential program of worship, work, and study in community, and learn nourishing practices of restoration. During the first week, Valerie Brown will offer How to Rest: Nourishing Practices to Renew and Restore Body, Mind, and Spirit. Many of us believe that we have to earn rest and renewal and that overwork is the norm. Frazzled and stressed by the pull of too many demands of work, family, children, aging relatives, and our own health needs, we succumb to individual pressures that foster a collective culture of burnout and toxic productivity. Offering approaches from the Plum Village tradition and Zen master Thich Nhat Hanh and Parker Palmer and the Center for Courage & Renewal, Valerie will invite participants to explore the connection between radiant rest, peacemaking, social justice, and societal transformation to live in greater groundedness and alignment with your deepest values.

In the second week, Marcelle Martin will invite participants into the rich treasure of Quaker practices for centering in the Spirit and within ourselves, including exploring ways to deeply engage in our daily worship together and practices to help each other tap into the wisdom in our own hearts. In writing and in sharing with each other, we will reflect on our life experience and pay attention to images, metaphors, intuition, dreams, and other ways of knowing ourselves more deeply and living into what we are passionate about. Participants may register to take Session I as an independent course, or may register to continue on for Session II, or for the full term.

## Session II: Discerning Our Calls

March 15 to March 29

Leader: Marcelle Martin

**Building on the** centering and regenerative energy of the first session, this second session offers students practice in methods of spiritual discernment, as we seek greater clarity about how the Spirit is calling us to live and work at this time. The class will learn about leadings, the nature of a call, and being attentive to guidance that comes both from within and through others or outward events. Using Quaker tools of discernment, such as the clearness committee and faithfulness groups, as well as practices from other traditions, we will sort through our various motivations in search of those that are divinely inspired. Experiential exercises are designed to hone our skills in helping each other toward greater clarity and faithfulness. Sessions will include time for sharing with partners and small groups,

as well as group discussion. During the two-week course, each person will have the opportunity to be the focus of a faithfulness group session and will participate in some sessions focused on others. We will support each other in going forward with renewed clarity and courage. We will begin with an initial Saturday afternoon workshop, then meet Monday, Wednesday and Friday afternoons for two weeks.

## **Session III: Learning in Community**

**March 30 to April 30**

Students who remain for the full term will continue the residential rhythm of work, study, and worship together, including weekly community meetings and weekly explorations in the art studio. Students will have the opportunity to choose afternoon and/or evening courses, in addition to pursuing their own independent leadings and a capstone project. Elective options will include:

[\*Primitive Quakerism Revived: Returning to Friends' Roots as a Radically Transformative Prophetic Movement\*](#) with Pendle Hill Kenneth L. Carroll Scholar, Peter Blood

[\*The Right Time to Change: Growing Our Hearts to Meet the Moment\*](#) with Pendle Hill podcast host Dwight Dunston.

[\*Journey Inward, Journey Outward: The Genius of Pendle Hill\*](#) with Center for Courage and Renewal facilitator and Pendle Hill board member John Baird

Pendle Hill Executive Director Francisco Burgos and Director of Education Frances Kreimer will also offer classes. Students who attend for the full term will also be assigned a spiritual nurturer with whom they will meet weekly throughout the course of the program.

## **Publishers of the Truth: A Collaboration of Pendle Hill's Quaker Institute and Earlham School of Religion's Quaker Leadership Conference**

**May 2 to May 5**

Friends from near and far will be invited to join Pendle Hill's residential community, exploring how to witness and publish the truth with integrity in an age of fractured political realities, disinformation, and artificial intelligence. Quaker publishers, podcasters, and public ministers will gather in this experiment in spiritual learning community.

## **Festival Week**

**May 6 to May 10**

A time to celebrate the term together! Students will present final projects, enjoy the Spring Concert, and share the closure of a transformative time together.

## Program Leaders



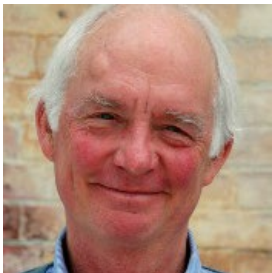
**Dwight Dunston aka Duns** is a West Philly-based facilitator, hip-hop artist, educator, and activist with roots in the Carolinas and deeper roots in West Africa. His passions/gifts include supporting folks to tap into their superpowers and supporting communities to develop the tools, skills, and techniques to stay connected across different identities.



**Frances Kreimer** is the Education Director of Pendle Hill. She previously taught and directed Villanova University Law School's Clinic for Asylum, Refugee, and Emigrant Services, focusing on mental health, trauma healing, and movement lawyering. She is inspired by nurturing experiments in spiritual learning community at Pendle Hill and outside of it.



**Francisco Burgos** is the executive director at Pendle Hill and has facilitated spiritual retreats and lectio divina sessions for many audiences. Francisco was a De La Salle Christian Brother for almost ten years, serving in Dominican Republic, Guatemala, and Costa Rica, and has been a Friend since 2004. He is a member of Harrisburg Friends Meeting and an attender of meetings including Monteverde Friends Meeting in Costa Rica and Adelphi Friends Meeting in Maryland.



**John Baird** has served as clerk of two Friends Meetings, head of two Friends schools, a board member at Pendle Hill and the Friends Council on Education. He's spent time as a religion and a biology teacher, as well as a Friend in Residence at Pendle Hill and Woodbrooke Study Centre. He has been prepared as a facilitator by the Center for Courage and Renewal, and has led retreats and workshops for schools, meetings, conference centers, and churches. John is a member of Durham Monthly Meeting (NC). He and his wife are the parents of three grown children.



**Lori Piñeiro Sinitzky** (Ashkenazi and Caribbean) will teach a class in the art studio that will meet weekly throughout the term. She is an Equity, Justice, and Inclusion educator. She is informed by her identity as a 53-year-old straight, cisgender woman. Lori is a member of Green Street Meeting in Philadelphia Yearly Meeting and clerk of the Worship and Ministry committee. She is a graduate of Moore College of Art and Design in Philadelphia, a single mother of two young adult children, and works to create a more liberated and just world.





**Marcelle Martin** has led workshops at retreat centers and Quaker meetings across the United States, and was the resident Quaker Studies teacher at Pendle Hill for four years. The author of [Our Life is Love: The Quaker Spiritual Journey](#), and [A Guide to Faithfulness Groups](#), she has also written about faith in three Pendle Hill pamphlets and many articles. She feels a great affinity with the first Quakers in the 17th century, but also is clear that we are urgently called to something bold, radical, and new in our time. On her blog, [A Whole Heart](#), she shares inspiration to help us be all God has created us to be. She is a member of Swarthmore Friends Meeting and lives in Chester, PA, with her husband, Terry.



**Valerie Brown** is an author, ordained Buddhist-Quaker Dharma teacher in the lineage of Zen Master Thich Nhat Hanh and the Plum Village tradition, facilitator, and executive coach specializing in leadership development and mindfulness practices with a focus on diversity, social equity, and inclusion. Her newest book is *Hope Leans Forward: Braving Your Way toward Simplicity, Awakening, and Peace* (Broadleaf, 2022). She has authored several popular Pendle Hill pamphlets, including *Living from the Center: Mindfulness Meditation and Centering for Friends* (PHP #407) and *Coming to Light: Cultivating Spiritual Discernment through the Quaker Clearness Committee* (PHP #446). She is a member of Solebury Monthly Meeting (PA).

## Resident Scholars



**John Muhanji** is the Director of the Africa Ministries Office of Friends United Meeting based in Kisumu, Kenya. As an MDIV graduate of Earlham School of Religion and a DMIN from George Fox University, he is dedicated to supporting leadership development and renewal among Friends Churches in Africa. He is a key figure in the development of the 'African voice in the Quaker Theology' and the promotion of spiritual formation among Quaker leaders in Africa. His efforts have significantly contributed to the expansion of Quaker missions in Tanzania, Eastern Congo, and Uganda. He wholeheartedly embraces the unity of purpose of Friends both in Africa and beyond.



**Peter Blood-Patterson** has spent a diverse life as activist, Quakerism teacher, advanced practice nurse, family therapist, and promoter of communal singing among Friends and around the world. He has led Quakerism courses, workshops, and retreats for meetings through Philadelphia YM's traveling teachers program and for meetings and retreat centers around the world. He is the primary curator of the online library [InwardLight.org](#), which has already provided free access to hundreds of Quaker pamphlets, books, and talks stretching from the beginnings of Quakerism to the present day. Peter is a frequent contributor to Friends Journal, most recently with his article "We Are All Held in Love: Reflections on Holding in the Light".

You can read more about our Resident Scholars, and accompanying Resident Friends at <https://pendlehill.org/2025-residents-and-scholars/>