

REGISTRATION \$495 - Private Room \$395 - Shared Room \$195— Commuter

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## Sacred Threads: Memory Quilting as Spiritual Practice

On Campus: Jun 27-29, 2025

A transformative weekend workshop of art quilting as a sacred practice of honoring and preserving our cherished memories and spiritual journeys, with Asake Denise Foye Jones.

Join us for a transformative weekend workshop where art quilting becomes a sacred practice of honoring and preserving cherished memories of personal her/histories and spiritual journeys. Guided by transformative arts facilitator Asake Denise Foye Jones, participants will explore intuitive design techniques, incorporating personal narratives and meaningful symbols into their textile creations. Through reflective exercises and hands-on techniques, you'll craft a unique art quilt that

serves as a tangible manifestation of your precious memories and spiritual journey. The workshop emphasizes quilting as a meditative process with the potential for healing and spiritual growth. This experience offers a unique opportunity to create a tangible artifact of one's sacred memories, weaving together the threads of past and present into a tapestry of spiritual expression.



